

## Pool Rules

- **NO RUNNING**
- Smoking (which includes all forms of cigarettes and/or vaping) is to be confined to only the designated smoking area.
- Bathing suits are only to be worn in the water at all times. Cutoffs are not allowed in the water.
- No disposable diapers in the pool - swimming diapers or rubber pants over cloth diapers **only**.
- No member and/or guest shall knowingly enter the pool enclosure or permit a child or guest to do so while suffering from any contagious disease, sore or with an open (bleeding/drainage) wound. The Pool Manager/Head Lifeguard are authorized to refuse admission to the pool premises to person with such conditions.
- All swimmers must be free of oil, dirt, sweat, grease etc. and must remove all bandages prior to entering the pool. Showers are provided, if necessary.
- Eating will not be permitted at the pool's edge, or in the pool. Glass containers and breakable food containers will not be allowed.
- Please do not place personal items such as shoes, wet swimsuits, towels, etc on the tables. These table are for eating. These items will be removed when found on the tables. Changing tables are located in the bathroom and are to be used to change diapers.
- Adult Swim is 15 minutes before *every* hour. Everyone 2-18 years of age must exit the pool.
- Children under the age of 6 may use the fenced in baby pool. Adults and babysitters (age 15 and older) shall remain in the baby pool enclosures with the child at all times.
- All children 11 years old and younger must be accompanied by an adult/babysitter at all times while at Anirav.
- Accidents must be reported at once to the Pool Manager. If the Pool Manager is not present, then a lifeguard must be informed and an incident report must be filled out. It is the lifeguards responsibility to notify the Pool Manager.

- No pets allowed in the pool area. No animals are to be left in cars. Animal Control will be notified if animals are left unattended in vehicles.
- In order to maintain a harmonious relationship with our neighbors, members will refrain from trespassing on adjoining property and will use the Anirav driveway for entrance and exit. Also, entrance to and exit from the pool shall occur through the main entrance gate.
- **5 MPH is the speed limit in the parking lot and drive.**
- All participants are required to dispose of refuse in the proper receptacles provided by the pool.
- Disciplinary Action is as follows:
  - First offense will result in a warning
  - Second offense will result in time out of the pool as decided on by the Lifeguard and/or Pool Manager
  - Third offense will result in losing pool privileges for that day
  - If after the necessary disciplinary action mentioned above, the behavior is not corrected, then the Lifeguards and/or Pool Manager has the authority to ask the member/guest to leave the premise for the day. If removal from the pool property is necessary the Lifeguards and/or Pool Manager has the authority to notify the proper law enforcement agency if necessary.
- No alcohol or drugs permitted.
- No climbing on tables, structures and/or fences at the pool.
- There is to be no un-authorized swimming in the well; please gain permission from the lifeguards prior to swimming in the well.

## **DIVING BOARD RULES**

The rules for diving are as follows:

### *OFF THE SIDES:*

- No can openers
- No jumping backwards
- No cutaways and gainers
- No seat busters
- No flips (front or back)
- No diving at the 4 ft end of the pool

### *OFF the low dive:*

- No wearing goggles
- No wearing flotation devices
- No jumping backwards
- No cutaways or gainers
- No back flips
- No sitting on the board
- No bouncing more than once
- No hanging on rails
- No diving off sides
- No eating or drinking
- No throwing head towards the board
- No hesitating before diving
- No swimming under the rope
- No running on/off the boards
- No seat busters
- No intentionally splashing the lifeguards
- Swim straight toward the side & exit the pool promptly
- Individuals going off of the diving board must be able to swim, no one is able to wait at the end of the diving board to catch the individual.
- Back dives only allowed with lifeguard approval ***and*** parental supervision
- Climb ladder safely
- Do not climb on the ladder until the person in front of you has left the board (keep both feet on the cement)
- Do not jump or dive from the board until the person in front of you has reached the ladder.
- If you are unable to go off the board, a parent must assist the child in going down the board ladder. That person is no longer able to use the diving board for that day.
- **Lifeguards and Management decisions are FINAL!**

*OFF the high dive:*

- No goggles
- No flotation devices
- No jumping backwards
- No cutaways or gainers
- No flips (front or back)
- No back dives
- No sitting on the board
- No bouncing more than once
- No hanging on the rails
- No diving off the sides
- No eating or drinking
- No throwing head towards the board
- No hesitating before diving
- No swimming under the rope
- No running on/off the boards
- No seat busters
- No intentionally splashing the lifeguards
- Swim straight towards the side and exit the pool promptly
- Individuals going off of the diving board must be able to swim, no one is able to wait at the end of the diving board to catch the individual.
- Climb the ladder safely
- Do not climb the ladder until the person in front of you has left the board (keep both feet on the cement)
- Do not jump or dive from the board until the person in front of you has reached the ladder
- If you are unable to go off the board, a parent must assist the child in going down the board ladder. That person is no longer able to use the diving board for that day.
- **Lifeguards and Management decisions are FINAL!**

## **Anirav Pool Day Care Rules**

- Sit only at the specified Day Care assigned tables. They must take care to clean up after themselves.
- All Day Care children swimming in the 4 feet or over must pass a swim test on the first visit and each time thereafter wear something to indicate their level of swimming abilities. Example being, necklaces or bracelets with swimmers wearing one color and 'splashers' wearing another.
- Day Care providers must sit in designated chairs posted around the pool perimeter, effectively serving as additional supervision for their children. These providers must supervise their children.
- All pool rules must be followed by ALL Day Care Children. This will be enforced by the Day Care providers, Lifeguards and Pool Manager.